

BOP.ADD.415 Fitness relating to deep water diving and blood donation

Regulation (EU) 2018/395

Crew members shall not perform any duties on the balloon where their fitness might be impaired after deep water diving or following blood donation.

GM1 BOP.ADD.415 Fitness relating to deep water diving and blood donation

ED Decision 2018/004/R

ELAPSED TIME BEFORE RETURNING TO FLYING DUTY

24 hours is a suitable minimum length of time to allow after normal recreational (sport) diving or normal blood donation before a flight. This is considered by operators when determining a reasonable time period for the guidance of crew members.

[BOP.ADD.420 Common language](#)

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Last update: **2024/02/25 08:26**

